



**Hot & Pressed**

Crazy Cuban & Italian Panini

**Cold Sandwiches**

Turkey & Cheese, Ham & Cheese  
Chicken Salad

**Salads**

Antipasto, Chef, Garden  
& Charcuterie Box

**Additions....**

PB&J & Tootie Frootie



**Spicy Chicken Sandwich**

**Chicken Tenders**

**Chicken Sandwich**



**Popcorn Chicken Bowl**

Bite sized popcorn chicken,  
layered with corn, mashed  
potatoes & cornbread

**Mac n' cheese**

Whole grain noodles swimming in  
golden cheesiness

**Pulled Pork Plate**

Slow roasted and served w/  
collard greens, mac n' cheese &  
cornbread



**DAY BREAKER**

**BREAKFAST PLATTER**

French toast sticks  
w/syrup, turkey  
sausage & tator tots

**BISCUITS & GRAVY**

2 turkey sausage  
biscuits w/black  
pepper country  
gravy



**CHEESE PIZZA**

**PEPPERONI PIZZA**

**MEATBALL CALZONE**



**HAMBURGERS,**

**HOTDOGS**

**COWBOY BURGERS**

**& CHEESEBURGERS**



**Pulled Pork Tacos**

**Macho Nacho**

**Beef Taco Box**

**Prices**

- Lunch ..... \$3.00**
- Lg. Side ..... \$3.00**
- Lg. Entrée ..... \$3.00**
- Water ..... \$1.00**
- Switch ..... \$1.50**
- Ice ..... \$1.75**
- Milk ..... \$ .50**
- Juice ..... \$ .50**



Students can choose up to TWO 1/2 cup servings of FRESH or cupped fruit and/or TWO 1/2 cup servings of FRESH or cupped hot or cold vegetables every day

## MAKE A MEAL



  
**What Makes A LUNCH**

**SELECT 3-5 ITEMS:**

	<b>GRAINS</b> <b>PROTEIN</b>	
<b>VEGGIE</b>	<b>FRUIT</b>	

one must be a **FRUIT** or **VEGGIE**

Complete meals must include **3** Food Components with at least one full serving (1/2 cup) from vegetables, fruits or juice